

West Michigan Invitational

January 10, 2025 - January 12, 2025

Session: Xcel Gold Friday, Jan 10, 2025

Clubs: Empowered Athletics LLC, Fluent in Technique Gymnastics Academy, For the Kidz Gymnastics and Trampoline, Infinity Gymnastics Academy, Lake Side Elite, Inc., NorthStar Gymnastics Inc

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 11:40 AM

Session: Xcel Platinum & Diamond Friday, Jan 10, 2025

Clubs: All That Athletics, Chalk Headz Training Center, Flipside Gymnastics, Fluent in Technique Gymnastics Academy, For the Kidz Gymnastics and Trampoline, Gonyon's Gymnastics, Infinity Gymnastics Academy, Lake Side Elite, Inc., Mid Michigan Gymnastics, Miss Stacie's Flipkins, NorthStar Gymnastics Inc, Northpointe Gymnastics LLC

Format: Modified Capitol Cup

Open Stretch Begins: 12:00 PM

March In: 12:20 PM

Awards: 4:04 PM

Session: Level 6-9 Friday, Jan 10, 2025

Clubs: Flipside Gymnastics, Fluent in Technique Gymnastics Academy, GymTactics, KGI Gymnastics, Northpointe Gymnastics LLC, Water's Edge Gymnastics

Format: Modified Capitol Cup

Open Stretch Begins: 4:30 PM

March In: 4:50 PM

Awards: 8:36 PM

Session: Xcel Bronze Saturday, Jan 11, 2025

Clubs: All That Athletics, Chalk Headz Training Center, Empowered Athletics LLC, For the Kidz Gymnastics and Trampoline, Lake Side Elite, Inc., Northpointe Gymnastics LLC, Tri Cities YMCA

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 9:56 AM

Session: Level 3 Saturday, Jan 11, 2025

Clubs: Flipside Gymnastics, GymTactics, KGI Gymnastics, Mid Michigan Gymnastics, Water's Edge Gymnastics

Format: Modified Capitol Cup

Open Stretch Begins: 10:30 AM

March In: 10:50 AM

Awards: 1:35 PM

Session: Level 4, 5 Saturday, Jan 11, 2025

Clubs: Flipside Gymnastics, GymTactics, KGI Gymnastics, Mid Michigan Gymnastics, Water's Edge Gymnastics

Format: Modified Capitol Cup

Open Stretch Begins: 2:00 PM

March In: 2:20 PM

Awards: 4:40 PM

Session: Xcel Gold 2 Saturday, Jan 11, 2025

Clubs: All That Athletics, Chalk Headz Training Center, Flipside Gymnastics, Gonyon's Gymnastics, GymTactics, KGI Gymnastics, Mid Michigan Gymnastics, Miss Stacie's Flipkins, Northpointe Gymnastics LLC, Tri Cities YMCA

Format: Modified Capitol Cup

Open Stretch Begins: 5:00 PM

March In: 5:20 PM

Awards: 8:20PM

Session: Xcel Silver Sunday, Jan 12, 2025

Clubs: All That Athletics, Chalk Headz Training Center, Flipside Gymnastics, GymTactics, Infinity Gymnastics Academy, Northpointe Gymnastics LLC, Tri Cities YMCA

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:28 AM

Session: Xcel Silver 2 Sunday, Jan 12, 2025

Clubs: Fluent in Technique Gymnastics Academy, For the Kidz Gymnastics and Trampoline, Lake Side Elite, Inc., Miss Stacie's Flipkins, NorthStar Gymnastics Inc

Format: Modified Capitol Cup

Open Stretch Begins: 11:00 AM

March In: 11:20 AM

Awards: 2:19PM

Session: Fun Sunday, Jan 12, 2025

Clubs: For the Kidz Gymnastics and Trampoline, Grand Rapids Gymnastics, Infinity Gymnastics Academy, Mid Michigan Gymnastics

Format: Modified Capitol Cup

Open Stretch Begins: 2:45 PM

March In: 3:05 PM

Awards: 4:55 PM

Session: Fun 2 Sunday, Jan 12, 2025

Clubs: Chalk Headz Training Center, Empowered Athletics LLC, Flipside Gymnastics, Northpointe Gymnastics LLC, Off Season Sports Academy

Format: Modified Capitol Cup

Open Stretch Begins: 5:15 PM

March In: 5:35 PM

Awards: 7:20 PM